



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Emerson Elementary School - 1641
Principal:	Sergio A. Muñoz
Phone Number:	(305)264-5757
School Wellness/Healthy School Team Leader:	Sandra Muñoz-Rose
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> Sergio Muñoz Sandra Muñoz-Rose Yamilet Borges Andrea Ramos Coach Cuervo
Committee Meeting Dates:	
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> Promote the free breakfast and good eating habits, especially as testing approaches. Provide healthy meals and snacks daily to students, facility, and staff through the cafeteria <p>Physical Education:</p> <p style="margin-left: 40px;">Fitnessgram Testing</p> <p>Physical Activity:</p> <p>Health and Nutrition Literacy:</p> <p style="margin-left: 40px;">Bring awareness to the nutrition value of the Second grade school garden by putting more on our social media sites</p> <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> Wellway Wellness Program

Sustainability Practices:	Incorporating lessons in the school gardens
Community Engagement:	Increase business partnerships in the local area
Monitoring and Evaluation:	Designated teacher responsible for monitoring and distributing harvested school fruit garden produce Start the EESAC and social media advertisements earlier in the following school year
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	N/A